

## **Stop the Bleed Workshop Invitation**

**Please Join us for a unique and empowering event where you can gain critical, life-saving skills with the *Stop the Bleed* program! This national initiative is designed to teach individuals how to respond to severe bleeding emergencies, equipping you with the knowledge and confidence to take action when it matters most.**

**In this hands-on workshop, you will learn:**

- **How to identify life-threatening bleeding.**
- **The proper use of tourniquets, wound-packing techniques, and direct pressure.**
- **Skills that can make a difference in saving a life during emergencies.**

**ALL OF THESE SKILLS YOU WILL BE ABLE TO PRACTICE HANDS ON AND COME AWAY FROM THIS ACTIVITY MORE CONFIDENT TO ACT DURING AN EMERGENCY.**

**When: Saturday, February 1, 2025**

**Where: Division of Services for the Blind and Visually Impaired**

**250 N. 1950 W., Salt Lake City, UT**

**Time: 10:00 AM**

**Cost NO COST!**

**Refreshments will be served.**

Please call our office any time before January 29 to either talk to Kate or leave a message with your reservation so we can have enough material to practice with and of course enough refreshments